Family Counseling
CENTER OF CENTRAL GEORGIA
Healing Hearts. Providing Hope. Empowering Lives.

November 8, 2025
Community Fall Festival
Rosa Jackson Recreation Center | East Macon

Family Counseling Center of Central Georgia (FCC) is a nonprofit mental health agency founded in 1957 to ensure individuals and families can access professional counseling and stabilizing support regardless of income. In 2025, 94% of FCC clients received services free of charge, reinforcing FCC's commitment to equity, access, and trauma-informed care.

In recognition of Early Childhood Mental Health Awareness, FCC hosted its annual Community Fall Festival on November 8, 2025, from 11:00 a.m. to 1:30 p.m., at the Rosa Jackson Recreation Center in East Macon. Held in honor of Chsandra Johnson, the event blended fun, safety, and information to create a welcoming, non-stigmatizing space for families to connect with mental health and community resources.

Community Impact
• 200+ community members and families engaged
• 25 nonprofit, government, and community partners participated
• 55 volunteers supported outreach and activities

Impact Highlights
• Families were introduced to multiple support systems in one trusted setting, reducing confusion and barriers to care.
• Early engagement in a positive, non-crisis environment strengthens prevention and encourages earlier help-seeking.
• Community collaboration improved efficiency by connecting families directly to services.
• A joyful, inclusive gathering reinforced emotional well-being as a shared community responsibility.

Sponsor Support Made This Possible
Support from sponsors made it possible to host a free, family-centered event that connected children and caregivers to critical resources while promoting prevention, stability, and community connection. Sponsor investment directly supports early intervention and reduces barriers to care for families across Macon-Bibb County.

Media Coverage & Quotes
"This event is more than a festival, it's a celebration of community, connection, and care. Together, we're healing hearts, providing hope, and empowering lives for every child and every family."
~Christy Henry, Executive Director, as featured by Macon-Bibb County Communications
"The festival brings together more than 20 organizations to provide mental health resources for families, while creating a fun, welcoming environment for the entire community."
~ Local media coverage

Media Links

13WMAZ Video Coverage:
https://www.13wmaz.com/video/news/november-is-early-childhood-mental-health-awareness-month-check-out-the-family-counseling-center/93-981ba0bb-2f40-4fa1-aaa1-dd23cc1a9a79

13WMAZ Social Media Feature:
https://www.facebook.com/FamilyCounselingCenterofCentralGA/videos/1529452034895335/

Macon-Bibb County Community Communication:
https://www.maconbibb.us/fcccommunityfestival2025/













